

TIPS FOR INHABITANTS

*"The journey to a waste-free world starts at home."
(Bea Johnson)*



Reduce the amount of solid waste in your household

The kind of waste is the one that was not generated at all. It is therefore important that we do everything in our power to prevent waste. The amount of waste can be reduced if you buy groceries and other everyday items **WITHOUT PACKAGING** or bring along **OUR OWN PACKAGING** or buy **SECOND HAND** or **REPAIR THINGS**. However, if, despite our best efforts, waste is created, let's **RECYCLE** it properly and conscientiously.

5 small steps for 5 big changes



Komunala Kranj prepared Alphabet of Waste for you. This makes it easy for you to separate your waste!



Make your own cosmetics and detergents.



Reject advertising in your mailbox.



When shopping, replace plastic bags with cotton bags.



Do not buy cleaning cloths, rather use your worn-out items of clothing.



Reduce your carbon footprint through your lifestyle

Global warming has a major impact on climate change, affecting life on earth and threatening our future. In Slovenia, we produce almost 9 tons of CO2 equivalent of greenhouse gas emissions per person every year. If we want to keep global warming at a manageable level, we have to cut global greenhouse gas emissions by at least half over the next ten years. Each of us can help by changing their lifestyle.

GREEN MOBILITY:

Distances can be overcome in an environmentally-friendly way, air travel can be avoided and instead of driving a car, walking, cycling or public transport can be used.

Do a thorough ENERGY CHECK of your home:

reduce your household's energy consumption, use more energy-efficient appliances and renewable energies.

Your CONSUMPTION should be SUSTAINABLE:

whatever you buy, buy less and used or recycled items whenever possible.

CHANGING EATING HABITS can also help reduce carbon emissions: limit your intake of meat and dairy products and reduce the amount of food that you throw away.

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You can calculate your own carbon footprint. The NGO Umanotera has prepared a CO2 footprint calculator for you.



Carpool to work, school and elsewhere.



Use energy-saving light bulbs, turn off the lights and make the most of daylight.



Buy locally grown food.



Become an urban gardener, plant a tree.



Water should be used economically and carefully

As many as 97 percent of all the water on earth is salty, so only three percent of it is fresh water. Most of this freshwater, however, is hidden in glaciers, as moisture in the soil or in groundwater. So there is only a very small amount of water left to drink, not even one percent. Therefore, drinking water has to be used **SPARINGLY** and **CAREFULLY**.

The average household consumption in Slovenia today is around 140 litres per day. Small steps can save a lot of water in kitchens and bathrooms. What about drinking water? In order for the human body to have a good supply of water, it needs between 1500 and 2000 ml per day.

Tap water is of very high quality in Kranj, and DRINKING TAP WATER is healthier and more environmentally friendly than drinking bottled water. You can treat yourself to tap water even during your walks through the centre of our town, as there are drinking fountains on the squares Slovenski trg and Trubarjev trg. By drinking water from such fountains, you save money because you don't have to buy mineral water and so you don't cause unnecessary packaging waste.

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Examine and rethink your actions.



Drink tap water from a reusable bottle.



Turn off the tap while brushing your teeth, shaving and soaping when you wash your hands or shower.



Water the garden with rainwater early in the morning or in the evening when less water evaporates.



Use economical washing machines and dishwashers.